## Greetings

The Sendai Conference was first held in Sendai in 2011 to provide opportunities for young Japanese researchers to present their research in English while listening to the latest researches on multiple sclerosis and neuromyelitis optica, and to interact with overseas experts. Although the event was cancelled twice due to the sponsor's circumstances and the COVID-19 pandemic, it has been held 9 times so far, although it has been held online since 2021. The sponsorship of the conference was initially carried out by Tohoku University, but from 2019, the Japan Multiple Sclerosis Network, a non-profit organization, has been hosting the conference in an effort to optimize the involvement of the companies. This year's Sendai Conference 2023 is the 10th commemorative meeting, and we have decided to make it a hybrid event, allowing both on-site and online participation. We have invited selected experts from overseas as well. In addition, since last year's meeting was held online, case studies in Japanese were included in the program, but since this year's meeting will be held primarily on-site, we are reviving the meeting to be conducted entirely in English. We hope that many researchers from overseas will join us and deepen exchanges with young Japanese researchers using English. This is a unique opportunity to interact with experts from around the world in Sendai, so we encourage you to register your abstracts. If you are coming from outside of Japan, we will not charge you a registration fee, but you will be responsible for your own transportation and accommodation expenses. We hope you will enjoy your stay in Sendai, even if it is only for a short time. Of course, you are also welcome to participate online.

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